

SIZE CHARTS

EU REGULAR & TALL / MENSWEAR

BODY MEASUREMENTS

Sizes	XS		S		M				L				XL				2XL				3XL				4XL				5XL				6XL			
	C44		C46		C48		C50		C52		C54		C56		C58		C60		C62		C64		C66		C68		C70		C72		C74		C76		C78	
	W30"		W31"		W33"		W34"		W36"		W37"		W39"		W41"		W43"		W44"		W45"		W47"		W48"		W50"		W52"		W53"		W55"		W56"	
Body Height	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
	170	5'7"	174	5'8"	180	5'11"	180	5'11"	184	6'	184	6'	188	6'2"	188	6'2"	192	6'3"	192	6'3"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"

	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Chest	88	34.5	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5	148	58	152	59.5	156	61
Waist	76	30	80	31.5	84	33	88	34.5	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5
Waistband	80	31.5	84	33	88	34.5	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5	140	55	144	56.5	148	58
Hip	94	37	98	38.5	102	40	106	41.5	110	43	114	45	118	46.5	122	48	126	49.5	130	51	134	52.5	138	54	142	56	146	57.5	150	59	154	60.5	158	62	162	63.5
Inseam	79	31	80	31.5	81	32	82	32	83	32.5	84	33	85	33.5	86	34	87	34	87	34	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5	88	34.5
Inseam tall*	84	33	85	33.5	86	34	87	34	88	34.5	89	35	90	35	91	36	92	36	92	36	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5	93	36.5

*Most of Helly Hansen's C-sized & D-sized pants can be extended 5cm by cutting open a contrast stitch at bottom hem.

EU SHORT & WIDE PANTS / MENSWEAR

BODY MEASUREMENTS

Sizes	D84		D88		D92		D96		D100		D104		D108		D112		D116		D120		D124		D128	
	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
Body Height	156	5'1"	160	5'3"	164	5'4"	170	5'7"	170	5'7"	174	5'8"	174	5'8"	178	5'10"	178	5'10"	182	5'11"	182	5'11"	184	6'

	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
Waist	78	30 5/7	82	32 2/7	86	33 4/7	90	35 3/7	94	37	98	38 4/7	102	40 1/6	106	41 3/4	110	43 1/3	114	44 7/8	118	46 1/2	122	48
Waistbandband	82	32	86	34	90	35	94	37	98	38.5	102	40	106	41.5	110	43	114	45	118	46.5	122	48	126	49.5
Hip	92	36	96	37.5	100	39	104	41	108	42.5	112	44	116	45.5	120	47	124	48.5	128	50	132	52	136	53.5
Inseam	73	28.5	74	29	75	29.5	76	30	77	30	78	30.5	79	31	80	31.5	81	32	82	32	83	32.5	84	33
Inseam wide*	78	30.5	79	31	80	31.5	81	32	82	32	83	32.5	84	33	85	33.5	86	34	87	34	88	34.5	89	35

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FIND YOUR PANT SIZE / MENSWEAR

Waistband width																												
Inseam length	80	84	86	88	90	92	94	96	98	100	102	104	106	108	110	112	114	116	118	120	122	124	126	128	132	136	140	
72																												
73																												
74				D88																								
75					D92																							
76						D94																						
77									D100																			
78										D104																		
79													D108															
80	C44		D88*												D112													
81		C46			D92*												D116											
82				C48															D120									
83						C50				D100*										D124								
84	C44*							C52			D104*										D128							
85		C46*								C54			D108*															
86												C56				D112*												
87				C48*										C58			D116*		C62	D120*								
88						C50*																						
89							C52*																					
90								C54*																				
91											C56*																	
92													C58*															
93																C60*		C62*										
94																			C64*		C66*				C68*	C70*	C72*	C74*
95																												

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EU REGULAR & TALL / WOMENSWEAR

BODY MEASUREMENTS

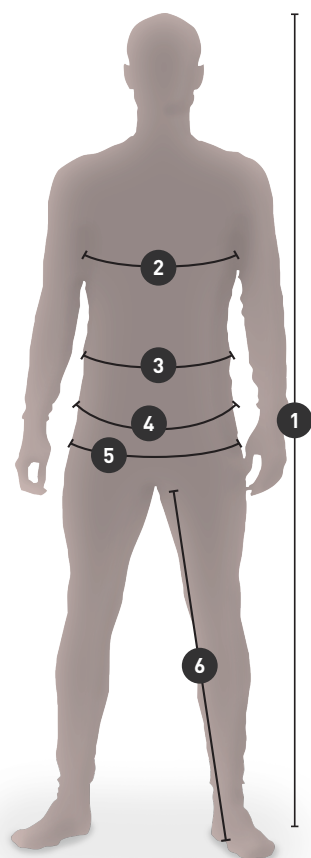
Sizes	XS		S		M		L		XL		2XL		3XL		4XL		5XL		6XL																	
	C34		C36		C38		C40		C42		C44		C46		C48		C50		C52		C54		C56		C58		C60		C62		C64		C66		C68	
	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet	CM	Feet		
Body Height	156	5'1"	160	5'3"	164	5'5"	168	5'6"	170	5'7"	172	5'8"	174	5'9"	176	5'9"	176	5'9"	176	5'9"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5'10"	178	5'10"
Chest	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch	CM	Inch
Neck	45	25 3/5	48	26 7/9	52	28 1/3	56	30	60	31 1/2	64	33	68	34 2/3	72	36 3/5	76	38 4/7	80	40 5/9	84	42 1/2	88	44 1/2	92	46 1/2	96	48 3/7	100	50 2/5	104	52 1/3	108	54 1/3	112	56 2/7
Hip	88	34 2/3	92	36 2/9	96	37 4/5	100	39 3/8	104	41	108	42 1/2	112	44	116	45 2/3	120	47 1/4	124	48 5/6	128	50 2/5	132	52	136	53 1/2	140	55 1/8	144	56 2/3	148	58 1/4	152	59 5/6	156	61 3/7
Inseam	74	29 1/8	76	30	78	30 5/7	80	31 1/2	81	31 8/9	82	32 2/7	83	32 2/3	83	32 2/3	84	33	84	33	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2	85	33 1/2
Inseam tall*	79	31 1/9	81	31 8/9	83	32 2/3	85	33 1/2	86	33 6/7	87	34 1/4	88	34 2/3	88	34 2/3	89	35	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7	90	35 3/7

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FIND YOUR PANT SIZE / WOMENSWEAR

Waistband width	65	68	72	76	80	84	88	93	98	103	108	113	118	123	128	133	138	143
Inseam length																		
72																		
73																		
74	C34																	
75																		
76		C36																
77																		
78			C38															
79	C34*																	
80				C40														
81		C36*			C42													
82						C44												
83			C38*				C46	C48										
84								C50	C52									
85				C40*						C54	C56	C58	C60	C62	C64	C66	C68	
86					C42*													
87						C44*												
88							C46*	C48*										
89								C50*	C52*									
90										C54*	C56*	C58*	C60*	C62*	C64*	C66*	C68*	
91																		
92																		

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- 1: BODY HEIGHT
- 2: CHEST
- 3: WAIST (AT BELLY-BUTTON HEIGHT)
- 4: WAISTBAND (WHERE YOUR PANTS' WAISTBAND IS PLACED)
- 5: HIP
- 6: INSEAM