

Men's Sizing Chart *All measurements in inches.*

	Small	Medium	Large	X-Large	XX-Large	XXX-Large
Chest	34-36	38-40	42-44	46-48	50-52	54-56
Sleeve	32-33	33-34	34-35	35-36	36-37	37-38
Waist	28-30	32-34	36-38	40-42	44-46	48-50

Women's Sizing Chart *All measurements in inches.*

	X-Small	Small			Medium		Large		X-Large
	2	4	6	8	10	12	14	16	
Chest	33	34	35	36	37	38½	40	42½	
Waist	28-29	30	31	32	33	34	35	37	
Hip	35-36	37	38	39	40	41	42	44	

How to measure for size

CHEST: With arms at your sides, measure around your upper body under your armpits at the fullest part of your chest.

SLEEVE: With your elbow bent, measure from the middle of your back, directly below the neck, across the shoulders and elbow down to the wrist. Total inches is your sleeve length.

WAIST: Bend to one side to find the natural crease of your waist. Measure at this point keeping the tape comfortably loose around your waist.

HIP: Measure around the fullest part of your body at the top of your leg.